

The allowances of Caf

-I have few or no income : [active solidarity income \(RSA\)](#)

-I want to supplement my income : [activity allowance \(PPA\)](#)

-I have to pay my rent : [housing allowance \(AL\)](#)

-I am a parent : [basic allowance \(AB\)](#)

-I raise my children alone : [family support allowance \(ASF\)](#)

Support from Caf des Alpes-Maritimes

[Find out about the financial allowance available from the Alpes-Maritimes Caf](#)

[The Caf guide - Instructions for use](#)

[Discover the allowances guide](#)

[I am a new claimant](#)

For more information

[Refugies.info](#) : a platform offering content translated into several languages to facilitate access to rights, healthcare, accommodation, training and employment.

[Ameli.fr](#) : the official website of the Assurance Maladie, where you can manage your healthcare procedures online.

[French Office for the Protection of Refugees and Stateless Persons](#) : the public body responsible for examining asylum applications in France.

[First Reception Centre in Nice](#) : reception and orientation centre for asylum seekers in the Alpes-Maritimes.

My file

On [caf.fr](#) or on the Caf app



To carry out all my formalities. I log on to [caf.fr](#) section "Mon Compte" or I download the mobile app and create my account.



Please note that creating an account does not mean you have applied for an allowance.

I do a request for an allowance



I do [a simulation on caf.fr](#) or on [mesdroitssociaux.gouv.fr](#)



Je complète mon dossier en ligne et je fournis tous les justificatifs demandés.

My file has been processed, I go to the section "Mon Compte" to see if I have any rights.

If I don't see any rights, I go to "Mes paiements et mes droits" > "Mes droits" > "Prestation sans droit".

I update my file



I declare any changes :

- ☒ Personal data
- ☒ Family situation
- ☒ Professional status



I consult and respond to alerts on "Mon compte".



If my file is suspended, I consult "Mon compte" > "Mes démarches" to see which documents are missing from my file or I contact my Caf.

I contact my Caf

I call

3230

Service gratuit
+ prix appel

I take an appointment (in person, by phone or by video conference) on [caf.fr](#).



caf.fr

I am a refugee



I am a **refugee**



1 have just arrived in France



I am approaching a migrant aid association as soon as I arrive in France (Forum Réfugiés, Agir, Fondation de Nice, Api Provence, ALC, ...).

This association helps me with my administrative formalities and informs me of my rights.

3 I am applying for asylum seeker's allowance, subject to conditions.



While my asylum application is being processed, I can apply for the Asylum Seeker's Allowance. This allowance is paid monthly, subject to certain conditions :

- I have accepted the material reception conditions offered by the [French office for immigration and integration](#) (OFII) ;
- I am at least 18 years old ;
- I am in possession of an asylum seeker's certificate,
- I have submitted my asylum application to the OFPRA within 21 days ;
- my monthly income is less than the RSA amount.



As an asylum seeker, I am not allowed to work for a period of 6 months. The Asylum Seeker's Allowance provides me with a substitute income.

5 I make my formalities



Depending on my income, I may be eligible for benefits such as the [Revenu de solidarité active](#) (RSA), the [Prime d'activité](#) (PPA) and the [Allocation logement](#) (AL). To complete all the necessary steps, I log on to [caf.fr](#) or the mobile app and create my account, then go to the section [Aides et démarches > Mes démarches](#).



If I am a parent, I can also receive family benefits. To calculate my entitlements, the Caf takes into account my family situation in France, without considering family members who have remained in my country of origin.

When applying for benefits, I provide the Caf with my provisional family certificate and my favourable decision from the OFPRA.



Please note that it is important to apply for benefits as soon as I have submitted my asylum application. However, payment will only be made after a favourable decision from the OFPRA, but I will be paid for the months between my initial application and my first payment.

2 I am applying for asylum



I conduct an interview with the First Reception Centre for Asylum Seekers (SPADA). Following this meeting, I was given an appointment with the departmental prefecture.

This appointment allows me to assess my situation and register my asylum application. It consists of assessing my personal situation, my access to material reception conditions, my search for accommodation and my entitlement to asylum seeker's allowance (ADA).



Once this interview has taken place, I must submit my asylum application to the French Office for the Protection of Refugees and Stateless Persons (OFPRA) within 21 days. This organization will decide whether to accept my asylum application.

4 I am applying for social protection



For the first 3 months, I can benefit from emergency treatment at the Health Care Access Centres (PASS) located in hospitals.



After 3 months, I am entitled to have my healthcare costs covered by Assurance Maladie. I must fill in [form 1106a](#) and send it to the Caisse d'Assurance Maladie in my place of residence, together with my asylum application certificate, my bank details, my statement of address and my identity card (if available).

+ d'infos

