

# The allowances of Caf

-I have few or no income : [active solidarity income \(RSA\)](#)

-I want to supplement my income : [activity allowance \(PPA\)](#)

-I have to pay my rent : [housing allowance \(AL\)](#)

-I am a parent : [basic allowance \(AB\)](#)

-I raise my children alone : [family support allowance \(ASF\)](#)

## Support from Caf des Alpes-Maritimes

[Find out about the financial allowance available from the Alpes-Maritimes Caf](#)

[The Caf guide - Instructions for use](#)

[Discover the allowances guide](#)

[I am a new claimant](#)

## For more information

[Refugies.info](#) : platform offering content on accessing rights, health, accommodation, training and employment.

[Ameli.fr](#) : the official website of the Assurance Maladie, where you can manage your healthcare procedures online.

[French Office for the Protection of Refugees and Stateless Persons](#) : the public body responsible for examining asylum applications in France.

[Médecins du monde](#) : organisation that supports asylum seekers with their healthcare needs.

[Banque alimentaire / Restos du cœur / Secours populaire](#) : charities that distribute food and support people in their social and professional integration.

[Forumréfugiés](#) : organisation that supports refugees with their asylum applications.

**115** : emergency number to call in the event of housing problems or domestic violence.

[Asylum Seeker Reception Centre](#) : facility providing accommodation whilst an asylum application is being processed.

# My file

On [caf.fr](#) or on the Caf app



To carry out all my formalities. I log on to [caf.fr](#) section "Mon Compte" or I download the mobile app and create my account.



Please note that creating an account does not mean you have applied for an allowance.

## I do a request for an allowance



I do [a simulation on caf.fr](#) or on [mesdroitssociaux.gouv.fr](#)



Je complète mon dossier en ligne et je fournis tous les justificatifs demandés.

My file has been processed, I go to the section "Mon Compte" to see if I have any rights.

If I don't see any rights, I go to "Mes paiements et mes droits" > "Mes droits" > "Prestation sans droit".

## I update my file



I declare any changes :

- Personal data
- Family situation
- Professional status



I consult and respond to alerts on "Mon compte".



If my file is suspended, I consult "Mon compte"> "Mes démarches" to see which documents are missing from my file or I contact my Caf.

## I contact my Caf

I call

**3230** Service gratuit + prix appel

I take an appointment (in person, by phone or by video conference) on [caf.fr](#).



caf.fr

# I am a refugee



# I am a **refugee**



## 1 have just arrived in France



I am approaching a migrant aid association as soon as I arrive in France ([Forum Réfugiés](#), [Agir](#), [Fondation de Nice](#), [Api Provence](#), [ALC](#), ...).

This association helps me with my administrative formalities and informs me of my rights.

## 3 I am applying for asylum seeker's allowance, subject to conditions.



While my asylum application is being processed, I can apply for the [Asylum Seeker's Allowance](#) (Ada). This benefit is paid monthly, subject to the following conditions :

- I have accepted the accommodation arrangements offered by the [French office for immigration and integration](#) (Ofii) ;
- I am at least 18 years old ;
- I hold an asylum seeker's certificate ;
- I have submitted my asylum application to [Ofpra](#) within 21 days ;
- my monthly income is below the RSA threshold. If I fail to meet certain conditions, my Ada will be suspended. I am informed of [these conditions](#) as soon as my allowance is granted.



As an asylum seeker, I am not permitted to work for a period of six months. The Ada provides me with a replacement income; payments cease from the month in which a decision is made on my asylum application or upon my departure from France.

## 5 I make my formalities



Depending on my income, I may be eligible for benefits such as the [Revenu de solidarité active](#) (RSA), the [Prime d'activité](#) (PPA) and the [Allocation logement](#) (AL). To complete all the necessary steps, I log on to [caf.fr](#) or the mobile app and create my account, then go to the section [Aides et démarches > Mes démarches](#).



If I am a parent, I can also receive family benefits. To calculate my entitlements, the Caf takes into account my family situation in France, without considering family members who have remained in my country of origin.

When applying for benefits, I provide the Caf with my provisional family certificate and my favourable decision from the [Ofpra](#) and I enter a personal email address (it must not already be in use by someone else).



It is important to apply for benefits as soon as I have submitted my asylum application. However, payment will only be made after a favourable decision from the [Office for the Protection of Refugees and Stateless Persons](#) (Ofpra), but I will be paid for the months between my initial application and my first payment..

## 2 I am applying for asylum



I am conducting an interview with the [Initial Reception Centre for Asylum Seekers](#) (Spada) : 48 route de Canta Galet, 06200 Nice - Spada06@forumrefugiés.org - +33 4 97 25 46 30.

Following this interview, I am given an appointment with the departmental prefecture, and then with an officer from the [French Office for Immigration and Integration](#) (Ofii).

This appointment allows me to assess my situation and register my asylum application. It involves evaluating my personal circumstances, my access to basic reception facilities, my search for accommodation, and my eligibility for the [asylum seeker's allowance](#) (Ada).



Once this interview has taken place, I must submit my asylum application to the French [Office for the Protection of Refugees and Stateless Persons](#) (Ofpra) within 21 days. It is this body that decides whether or not to accept my asylum application. If the decision is positive, I send the first page of the [Ofpra](#) decision to the Caf.

## 4 I am applying for social protection



For the first three months, I am entitled to cover for emergency treatment at the Health Care Access Centres ([PASS](#)) located in hospitals. For minors, there is no waiting period for treatment



After three months, I am entitled to have my healthcare costs covered by the Assurance Maladie. I must complete [form 1106a](#) and send it to the Caisse d'Assurance Maladie in my place of residence, along with my Certificate of Asylum Application, my bank details, my declaration of residence and my identity document (if available).

+ d'infos

